

MODIFIED EARLY OBSTETRIC WARNING SYSTEM CHART (MEOWS CHART)

If the patient triggers ANY RED or TWO OR MORE YELLOW flags at any one time, CALL FOR HELP and start the FAST-M Decision Tool.

Patient	Thandizo Labana					Patient ID	CASE 10					DOB / Age	20				
Date																	
Time																	
Initials																	

WRITE VALUES IN BOXES PROVIDED

Respiratory rate (breaths per minute)	25 or more	RED	25												
	21 – 24	YELLOW													
	11 – 20	NORMAL													
	10 or less	RED													

Temperature (°C)	38 or more	YELLOW													
	36.0 to 37.9	NORMAL													
	35.9 or less	YELLOW	35.5												

Heart rate (beats per minute)	120 or more	RED													
	100 – 119	YELLOW	114												
	50 – 99	NORMAL													
	40 – 49	YELLOW													
	39 or less	RED													

Systolic blood pressure (mmHg)	160 or more	RED	178												
	140 – 159	YELLOW													
	100 – 139	NORMAL													
	90 – 99	YELLOW													
	89 or less	RED													

Diastolic blood pressure (mmHg)	110 or more	RED													
	90 – 109	YELLOW	101												
	40 – 89	NORMAL													
	39 or less	RED													

Urine output Hours since patient last passed urine (tick box)	12 hours or less	NORMAL													
	12 – 18 hours	YELLOW	16												
	18 hours or more OR less than 0.5 ml/kg/hour	RED													

Mental state (tick box)	Normal	NORMAL	Should be assessed												
	Altered	RED													

Looks unwell (tick box)	No	NORMAL	Should be assessed												
	Yes	YELLOW													

TOTAL YELLOW FLAGS	3														
TOTAL RED FLAGS	2														

ACTION TAKEN (IF REQUIRED) Yes (Y) / No (N)	Y														
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If there are ANY RED or TWO OR MORE YELLOW flags, CALL FOR HELP and start the FAST-M Decision Tool.

SUSPECT SEPSIS, START FAST-M